Coronavirus (COVID-19)

Help stop the spread

**Wash your hands** often with soap and water for at least twenty seconds or use a 70% alcohol-based hand sanitizer.

**Avoid touching your eyes, nose and mouth**, especially with unwashed hands.

**Turn away and cover your cough or sneeze** with your sleeve or a tissue. The tissue must be disposed of immediately in the trash.

**Practice social distancing** by avoiding common areas, non-essential visits and outings. Keep at least six feet between yourself and others.

**Stay home and self isolate if you are sick**, except to get medical care.

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The Content is not intended to be a substitute for professional medical advice, diagnosis, or treatment. Always seek the advice of your physician or other qualified health provider with any questions you may have regarding a medical condition. Sole responsibility of user to determine suitability of this product for their intended application.

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